

El Flamingo Restaurant



Soups and Appetizers

Soup of the Day	3.95
-Chicken noodle/creamy mushroom/broccoli/cauliflower soup/potato bacon soup/beef vegetable soup	
Cheese Toast	3.00
Bruschetta	3.95

Salads*

Garden Salad	6.75
-Served with crisp lettuce, tomatoes, green onions, choice of dressing	
Caesar Salad	6.75
-Served with crisp romaine lettuce, tomatoes, homemade croutons, and topped with grated parmesan cheese	
Chef Salad	7.75
- Served with crisp lettuce, tomatoes, green onions, ham, chicken, an egg, and choice of dressing	
Taco Salad	8.75
- Served in a crisp taco bowl with lettuce, tomatoes, green onions, peppers, and choice of dressing	
Salad with Cheese	7.75
- Served with lettuce, tomatoes, peppers, red onions, black olives, topped with mozzarella cheese	
Salad with Meat and Cheese	8.75
- Served with lettuce, tomatoes, peppers, red onions, black olives, salami, and ham, topped with mozzarella cheese	
Greek Salad	7.75
- Served with lettuce, tomatoes, peppers, red onions, black olives, topped with feta cheese	

*Add a Grilled Chicken Breast for \$ 2.50

*All Salads are served with Garlic Toast



1650 Regent Ave. Winnipeg, Manitoba, Canada R2C 3B5. Phone: 1-204-669-0255
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Sandwiches & Wraps*

Steak Sandwich	9.95
Reuben	7.95
Chicken Breast Sandwich	7.95
Grill Cheese	4.95
Corn Beef/Roast Beef/Ham/Chicken	6.25
Denver	6.95
Club House	6.95
Chicken Breast Wrap	7.95
Quesadilla	7.95
Egg Salad or Chicken Salad	6.25
BLT (Bacon, Lettuce, and Tomato)	6.25
*Add fries \$1.50 or Gravy \$1.00	

Burgers and Hot Dogs

Hamburger	5.25
-Add Cheese \$1.00, Bacon \$1.00, Extra Pattie \$2.00	
Hot Dog or Smokie	4.25
Chicken Burger	5.25
Chicken Wings (12)	8.95
Chicken Fingers	5.95
Perogies, Onions, and Sour Cream	6.95
Nachos	6.95



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Pasta (Fettuccine or Spaghetti)

Pasta with Tomato Sauce	10.00
Pasta with Meat Balls	12.00
Bolognese (Meat sauce)	12.00
Alfredo	12.00
Fettuccine/Spaghetti/Linguine with Baby Clams -With white or red sauce	13.00

Chicken Dishes*

Chicken Parmigiana -Breaded and oven baked with red sauce and mozzarella	16.50
Chicken Fettuccine Alfredo - Served with grilled chicken breast and Alfredo sauce	16.50

*Chicken dishes are served with pasta

Steak and Fish*

8 Oz sirloin	14.50
Pork Chops	12.95
Meatloaf	9.95
Fish and Chips	9.95

*Served with baked/mashed potatoes or fries and vegetables



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Pizza

Make you own combination with the following :

Pepperoni, Bacon, Mushroom, Sausage, Green Pepper, Salami, Onion, Beef, Ham, Olive, Tomato,

	Small 9"	Medium 13"	Large 15"	Extra Large 17"
1 st Topping	8.75	13.50	17.50	19.50
Each Extra Topping	1.25	2.00	3.00	4.00
Cheese Pizza	7.75	12.00	15.00	17.00
Flamingo Special Mushroom, beef, bacon, green pepper, onion	12.50	18.50	23.50	28.00
Combination Mushroom, pepperoni, green pepper	12.50	18.50	23.50	28.00
Vegetarian Mushroom, Tomato, Onion, Green peppers, Olives	12.50	18.50	23.50	28.00
Special Pepperoni, Mushroom, sausage, bacon, Green pepper, Cheese	12.50	18.50	23.50	28.00
Meat Lovers Pizza Pepperoni, sausage, bacon, ham	12.50	18.50	23.50	28.00

Sides

Fries	2.95
Onion Rings	3.50
Poutine	4.50
Side Salad	3.25
Supreme Poutine Fries with bacon, cheese, green onion, gravy, and sour cream on the side	7.50



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Mexican Fiesta*

Burrito	10.95
-Crispy beef or chicken burrito with beans, sour cream, rice, salsa and cheese	
Flautas	10.95
-Tortilla filled with your choice of chicken or beef grilled to perfection and topped with jalapeno cheddar sauce	
Chimichanga	10.95
-baked tortilla filled with your chicken or beef, salsa sour cream and cheese covered zesty tomato sauce	
Fajitas	10.95
-Tortilla filled with chicken or beef, fried with onions peppers and tomatoes	
Enchiladas	10.95
- Tortilla filled with chicken or beef, baked and covered in spicy cheese sauce	
*Served with beans and rice, soup or salad	

Desserts

Pie or Cake	3.50
Ice Cream	2.50

Drinks

Coffee	1.75
Filter Coffee/decaf/espresso	
Cappuccino	2.75
Tea	1.75
Decaffeinated/Camomile/Earl Grey/English Breakfast/Green tea	
Soft Drinks	2.25
Pepsi/Diet Pepsi/7up/Diet 7up/Ginger ale/Soda water	

Catering Service

Call 204-669-0255 to book your special event at discounted prices

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